

heat 1	Bib	Lane	Hip	First	Surname	AG	Sex	Club	Event
	11	1	1	Kane	Elliott	U23	M	Falkirk	800
	12	2	2	Kai	Crawford	U20	M	Aberdeen/Alabama Uni	800
	13	2	3	Andrew	McGill	U20	M	Livingston/Glasgow Uni	800
	14	3	4	Ben	Sandilands	U23	M	Fife	800
	15	4	5	Christopher	McLew	U23	M	Cambuslang	800
	16	4	6	Logan	Beagley	U20	M	Livingston	800
	17	5	7	Finlay	Ross	U20	M	Harmeny	800
	18	6	8	Caleb	McLeod	U20	M	Pitreavie/Falkirk	800
	265	7	9	Seumas	MacKay	U23	M	Shetland	800
	19	8	9	Sam	Brown	SEN	M	Edinburgh AC	800
	3		pace	lewis hailey					
heat 2	20	1	1	Nathan	Brown	SEN	M	Edinburgh AC/Glasgow Jaguars/Edinburgh AC/Loughborough Students	800
	21	2	2	Laurence	Petty	U23	M	Dundee Hawkhill/Dundee Uni	800
	22	2	3	Greg	Louden	SEN	M	Lasswade	800
	23	3	4	Mark	Carberry	U23	M	North Down/Stirling Uni	800
	24	4	5	Jamie	Phillips	U20	M	Kilmarnock	800
	25	5	6	Rhys	Crawford	U17	M	Aberdeen	800
	26	6	7	Jonathan	Marshall	U20	M	Livingston/Stirling Uni/Central	800
	27	7	8	Jordan	Phillips	U20	M	Kilmarnock	800
	266	8	19	Ben	MacMillan	U23	M	Central	800
	3		pace	lewis hailey					
heat 3	28	1	1	Ross	O'Brien	U20	M	Glasgow Jaguars/West of Scotland Uni/Giffnock North	800
	29	2	2	Gavin	Cooney	SEN	M	Edinburgh AC	800
	30	3	3	Sandy	Holl	U23	M	Central/Glasgow Uni	800
	31	4	4	Josh	Scott	U20	M	Airdrie Harriers/Glasgow Sch of Sport	800
	32	5	5	Aidan	Page	U20	M	Team East Lothian	800
	33	6	6	Fraser	Lupton	U17	M	Team East Lothian	800
	34	7	7	Andrew	Thomson	U20	M	Pitreavie	800
	3		pace	lewis hailey					
heat 4	35	1	1	Jack	Muir	U23	M	Wharfedale/Bingley/Stirling Uni	800
	36	2	2	Ben	Nelson	SEN	M	Aberdeen/Stirling Uni	800

	37	2	3	Kieran	Fulton	U17	M	Moorfoot	800
	38	3	4	Sam	Lesley	SEN	M	Guernsey/Shettleston	800
	39	4	5	Cameron	MacMillan	U20	M	Central	800
	40	4	6	Alastair	Scott	U20	M	Lasswade	800
	41	5	7	Ben	Sutherland	U20	M	Falkirk	800
	42	6	8	Luke	Kirwan	SEN	M	East Kilbride	800
	43	6	9	Fraser	Morris	U23	M	Livingston/West Lothian Tri	800
	44	7	10	Daniel	Sutherland	U20	M	Livingston	800
	45	8	11	Luke	Culliton	U17	M	Falkirk	800
	46	8	12	Joshua	Mungin	U17	M	Kilbarchan	800
	4		pace	sam	brown				
heat 5	47	1	1	Matthew	Holden	U17	M	Harmeny	800
	48	2	2	Calum	Dick	U15	M	Giffnock North	800
	49	2	3	Duncan	MacDonald	U20	M	Aberdeen/Strathclyde Uni	800
	50	3	4	Fergus	Ross	U15	M	Harmeny	800
	51	4	5	Angus	Wilkinson	U15	M	East Kilbride	800
	52	5	6	Finlay	Mckay	U17	M	Aberdeen	800
	53	6	7	Oliver	Morrison	U17	M	Dunfermline Track & Field	800
	54	6	8	Hannah	Cameron	SEN	W	Aberdeen	800
	55	7	9	Jill	Cherry	SEN	W	VPCOG	800
	56	8	10	Andrew	Baird	U17	M	Ross County	800
	2		pace	finlay	murray				
heat 6	57	1	1	Andrew	Taylor	SEN	M	Shettleston/St. Andrews Uni	800
	59	2	2	Dair	Alexander	U17	M	Harmeny	800
	60	3	3	Keir	Arthur	U20	M	Inverclyde	800
	61	4	4	Mark	Harley	U17	M	Dunfermline Track & Field	800
	62	4	5	Cameron	Robertson	U17	M	Nithsdale	800
	63	5	6	Beth	Ansell	SEN	W	Glasgow Jaguars/Manchester Uni/Edinburgh AC	800
	64	6	7	Matthew	Fox	U17	M	Shettleston	800
	65	6	8	Rhuairidh	Laing	U15	M	Victoria Park City of Glasgow	800
	66	7	9	Ray	Taylor	U15	M	Falkirk	800
	67	8	10	Euan	O'Brien	U20	M	Giffnock	800
	2		pace	finlay	murray				

heat 7	68	1	1	Olivia	Vareille	SEN	W	Falkirk/Edinburgh Uni	800
	69	2	2	Leah	Keisler	U23	W	Law/Edinburgh Uni	800
	70	3	3	Zoe	Carruthers	SEN	W	City of Lisburn	800
	71	4	4	Charlotte	Clare	U23	W	Moorfoot	800
	72	5	5	Philippa	Millage	V40	W	Glasgow Jaguars/Victoria Park City of Glasgow	800
	73	6	6	Mhairi	Hendry	SEN	W	Victoria Park City of Glasgow/Strathclyde Uni	800
	74	7	7	Emily	McNicol	SEN	W	Glasgow Jaguars/Strathclyde Uni/Law	800
	75	8	8	Hannah	Anderson	U23	W	East Kilbride/Edinburgh Uni Hare & Hounds	800
	2		pace	finlay	murray				
heat 8	76	1	1	Olivia	Clarke	U20	W	Corstorphine	800
	77	2	2	Holly	Ovens	U17	W	Fife/Falkirk	800
	78	3	3	Hannah	Taylor	U20	W	Aberdeen	800
	79	4	4	Abbi	Macleod	u20	W	falkirk vics	800
	80	4	5	Anise	Macaulay Orr	U20	W	Glasgow Jaguars/Edinburgh AC	800
	81	5	6	Maja	Thomson	U20	W	Team East Lothian	800
	82	6	7	Katie	Sandilands	U17	W	Fife	800
	83	7	8	Katie	Johnson	U20	W	Edinburgh AC	800
	84	8	9	Erin	MacFarlane	U20	W	Pitreavie	800
	2		pace	finlay	murray				
heat 9	85	1	1	Daniel	McIntyre	U15	M	Harmeny	800
	86	2	2	Ryan	McNamara	U17	M	East Kilbride	800
	87	2	3	Howie	Allison	U15	M	Team East Lothian	800
	88	3	4	Callum	Hendry	U17	M	Falkirk	800
	89	4	5	Caitlin	Purcell	U23	W	Aberdeen/Edinburgh Uni Hare & Hounds	800
	90	5	6	Alex	Henthorn	U15	M	Aberdeen	800
	91	6	7	Aaron	Reid	U15	M	Giffnock North	800
	92	6	8	Eilidh	Dallas	U15	W	Strathearn	800
	93	7	9	Kyra	Gibb	U23	W	Central/Stirling Uni	800
	94	8	10	Abbie	Stewart	U17	W	Stornoway	800
	2		pace	finlay	murray				

heat 10	95	1	1	Lewis	Thorpe	U20	M	East Kilbride	800
	96	2	2	Frazer	Lees	U15	M	Pitreavie	800
	97	2	3	Megan	McKay	U17	W	Edinburgh AC	800
	98	3	4	Lily	Simon	U17	W	Pitreavie	800
	99	4	5	Aimee	Anderson	U17	W	East Kilbride	800
	100	5	6	Daibhidh	Kinnaird	U15	M	Cambuslang	800
	101	6	7	Sarah	McNulty	U15	W	Giffnock North	800
	102	6	8	Isabella	Ogg	U17	W	Falkirk	800
	103	7	9	Ben	Baillie	U15	M	East Kilbride	800
	104	8	10	Connor	Brown	U23	M	Fife	800
	1		pace	robert	sparks				
heat 11	105	1	1	Jonathan	Dow	U20	M	Cambuslang	800
	106	2	2	Amy	Gallagher	U15	W	Giffnock North	800
	107	2	3	Euan	Reid	U15	M	Cambuslang	800
	108	3	4	Skye	Smith	U15	W	Springburn	800
	109	4	5	Eihlenn	Gillespie	U15	W	Glasgow Sch of Sport/Airdrie Harriers	800
	110	5	6	Jessica	Needs	U15	W	Aberdeen/Peterhead	800
	111	6	7	Cerys	Wright	U15	W	Team East Lothian/Haddington RC/Hunters Bog Trotters	800
	112	6	8	Matilda	Frew	U15	W	East Kilbride	800
	113	7	9	Erin	Burnett	U15	W	Garscube	800
	114	8	10	Isla	Gourley	U15	W	Pitreavie	800
	1		pace	robert	sparks				
heat 12	115	1	1	Erin	Reilly	U15	W	Giffnock North	800
	116	2	2	Madelaine	Blanchard	U15	W	Strathearn	800
	117	2	3	Becky	Dunphy	SEN	W	Victoria Park City of Glasgow/Queen Margaret Uni	800
	118	3	4	Leya	Gibb	U17	W	Falkirk	800
	119	3	5	Nieve	Hannell	U15	W	Pitreavie	800
	120	4	6	Euan	Thorpe	U15	M	East Kilbride	800
	121	4	7	Alayna	McCann	U17	W	Law	800
	123	5	8	Eva	Saez	U15	W	Giffnock North	800
	125	6	9	Isla	Munro	U17	W	Giffnock North	800
	126	7	10	Isabella	Wilson	U15	W	Giffnock North	800

	127	7	11	Erin	McGurk	U15	W	Law	800
	128	8	12	Luca	Saez	U15	M	Giffnock North	800
	129	8	13	Sharyn	Ramage	V60	W	Edinburgh AC/Scottish Vets H	800
	1		pace	robert	sparks				
3k - 1	130		1	Conan	Harper	U20	M	Giffnock North	3000
	131		2	Duncan	Robinson	U23	M	Giffnock North	3000
	132		3	Ryan	Thomson	SEN	M	Cambuslang	3000
	133		4	Tom	Graham-Marr	SEN	M	Central/Aberdeen Uni	3000
	134		5	Jamie	Burns	U23	M	Glasgow Uni/Shettleston/Glasgow Jaguars	3000
	135		6	Fraser	Gilmour	U20	M	Kilbarchan	3000
	136		7	Connor	Bell	U20	M	Central	3000
	137		8	Reiss	Marshall	U20	M	Fife	3000
	138		9	Oliver	Patton	U17	M	Kilbarchan	3000
	139		10	Reuben	Macdonald	U20	M	Giffnock North	3000
	140		11	Stephen	Addison	SEN	M	Corstorphine/Glasgow Uni	3000
	141		12	Brandon	Pye	U20	M	Houghton Harriers	3000
	142		13	Jamie	Mackinnon	SEN	M	Cambuslang	3000
	143		14	Gavin	Smith	SEN	M	Cambuslang	3000
	144		15	Callum	Tharme	SEN	M	Strathclyde University	3000
	145		16	Alastair	Marshall	U23	M	Stirling University	3000
	146		17	Finlay	Ross-Davie	U20	M	Edinburgh University	3000
	147		18	Corey	Campbell	U20	M	Team East Lothian	3000
	5		pace	michael	ferguson				
3k - 2	148		1	Max	Abernethy	U23	M	Fraserburgh/Aberdeen Uni	3000
	149		2	Daniel	Bradford	V35	M	Shettleston	3000
	150		3	Owen	Miller	SEN	M	Fife	3000
	151		4	Andrew	McWilliam	U17	M	Lasswade	3000
	152		5	Alberto	Moral	SEN	M	Spain	3000
	153		6	Conor	Gourley	U20	M	Pitreavie/Edinburgh Uni	3000
	154		7	Ross	Good	SEN	M	Giffnock	3000
	155		8	Lucas	Cairns	U20	M	Inverness	3000
	156		9	Nikolai	Gajic	SEN	M	Giffnock North/Glasgow Uni	3000

	157		10	Ross	MacDonald	SEN	M	Law	3000
	158		11	Hamish	Mckay	U20	M	Aberdeen	3000
	159		12	Craig	Shennan	U17	M	Giffnock North	3000
	160		13	Jamie	Connor	U17	M	East Kilbride	3000
	161		14	Dermot	Cummins	V35	M	West Waterford/Corstorphine/Ireland	3000
	162		15	Finlay	Murray	SEN	M	East Sutherland/Inverness	3000
	163		16	Donald	Macaulay	V35	M	Corstorphine	3000
	164		17	Luke	Lindsay	U20	M	Kilbarchan	3000
	165		18	Ross	Gray	SEN	M	Inverclyde	3000
	166		19	Harry	Henriksen	U23	M	Edinburgh Univeristy	3000
	6	pace		fraser	stewart				
3k - 3	167		1	Sam	Leitch	U23	M	Edinburgh	3000
	168		2	Angus	Smith	U23	M	Inverness Harriers	3000
	169		3	Grant	Baillie	V40	M	East Kilbride/Fire Service	3000
	170		4	Dale	Colley	SEN	M	Central/Glasgow Caledonian Uni	3000
	171		5	Elliot	Frame	U20	M	Livingston/Glasgow Uni	3000
	172		6	Matthew	Knak	U20	M	Giffnock North	3000
	173		7	Eoghan	MacNamara	SEN	M	Aberdeen/Aberdeen Uni	3000
	174		8	Lewis	Priest	SEN	M	Victoria Park City of Glasgow/Glasgow Uni	3000
	175		9	Lewis	Rodgers	SEN	M	Fife	3000
	176		10	Fearghas	Thomson	SEN	M	Aberdeen/Aberdeen Uni	3000
	177		11	Steven	Murray	SEN	M	Aberdeen/Aberdeen Uni	3000
	178		12	Tristan	Robin	U17	M	Giffnock North	3000
	179		13	Colin	Doherty	V35	M	Inverclyde	3000
	180		14	Alistair	Gudgin	SEN	M	Fife	3000
	181		15	Harris	Pagett	U20	M	Strathearn	3000
	182		16	Lewis	Roddie	U20	M	Cambuslang	3000
	183		17	Jack	Trainer	U23	M	Garscube/Edinburgh Uni	3000
	184		18	Alasdair	Wallace	U20	M	Harmeny	3000
	185		19	James	Alexander	U17	M	Garscube	3000
	186		20	Glen	Griffiths	U20	M	Giffnock North	3000
	187		21	Jon	Dickson	U20	M	Morpeth	3000
	7	pace		kevan	harvey				

3k - 4	188		1	Crawford	Smith	U20	M	Garscube	3000
	189		2	Zak	Povey	U23	M	Cambuslang/Glasgow Uni	3000
	190		3	Kieran	Hardie	U17	M	Harmeny	3000
	191		4	Oscar	Chirnside	U17	M	Aberdeen	3000
	192		5	Annabel	Simpson	SEN	W	Fife/Glasgow Uni	3000
	193		6	Alan	Blair	V35	M	Garscube	3000
	194		7	James	Clarke	U23	M	Armagh/Heriot-Watt Uni	3000
	195		8	Jack	Kirwan	SEN	M	East Kilbride	3000
	196		9	Sam	McCarthy	U17	M	Cambuslang	3000
	197		10	Sarah	Tait	U23	W	Glasgow Jaguars/Stirling Uni/Lasswade	3000
	198		11	Innes	Wright	U17	M	Team East Lothian/Hunters Bog Trotters/Haddington RC	3000
	199		12	Christopher	Black	U17	M	Cambuslang	3000
	200		13	Fraser	Armstrong	SEN	M	Red Star/Bellahouston Harriers	3000
	201		14	Kyle	Johnstone	U20	M	Greenock Glenpark	3000
	202		15	Ryan	Kellock	U17	M	Law	3000
	203		16	Lynn	Mckenna	U23	W	Shettleston/Glasgow Uni	3000
	204		17	Sarah	Calvert	U23	W	Edinburgh University	3000
	8	pace		mark	docherty				
3k - 5	205		1	Alastair	Scott	V40	M	Bellahouston Harriers	3000
	206		2	Adam	Wetton	U20	M	Corstorphine	3000
	207		3	Fraser	Donaldson	U17	M	Garscube	3000
	208		4	James	Wotherspoon	U17	M	Harmeny	3000
	209		5	Dylan	Daunt	U17	M	Edinburgh AC	3000
	210		6	Andrew	Grant	U17	M	Strathearn	3000
	211		7	Jonathan	Hunter	U17	M	East Kilbride	3000
	212		8	Andrew	Shorts	U17	M	Kilbarchan	3000
	213		9	Munro	Strachan	U20	M	Dunfermline Track & Field	3000
	214		10	Douglas	Mckinnon	V40	M	Corstorphine	3000
	215		11	Sam	Beattie	U17	M	Harmeny	3000
	216		12	Daniel	Lowe	SEN	M	Shettleston	3000
	217		13	Andrew	Forteach	V40	M	East Kilbride	3000
	218		14	Colin	Lamont	V40	M	Falkirk	3000
	1	pace		robert	sparks				

3k - 6	219		1	Jess	Bailey	U20	W	Leven	3000
	220		2	Hannah	Ryding	U20	W	Giffnock North	3000
	221		3	Stefanie	Tucker	SEN	W	Aberdeen/Aberdeen Uni	3000
	223		4	Eve	Mackinnon	SEN	W	Cambuslang	3000
	224		5	Natasha	Phillips	U20	W	Dundee Hawkhill	3000
	225		6	Amy	Teasdale	U17	W	Kilbarchan	3000
	226		7	Katie	Lowery	SEN	W	Warrington AC	3000
	227		8	Zoe	Pflug	SEN	W	Gala/Edinburgh Uni Hare & Hounds	3000
	228		9	Millie	McClelland-Brooks	U17	W	Inverclyde	3000
	229		10	Caitlyn	Heggie	U17	W	Ross County	3000
	230		11	Freya	Murdoch	U17	W	Stockport	3000
	231		12	Zara	Redmond	U17	W	Kilbarchan	3000
	232		13	Aoife	Carr	SEN	W	Shettleston/Glasgow Uni	3000
	233		14	Gillian	Black	SEN	W	VPCOG	3000
	234		15	Constance	Nankivell	SEN	W	East Sutherland/Edinburgh Uni	3000
	235		16	Jennifer	Leggate	U20	W	Cambridge & Coleridge	3000
	236		17	Freya	Campbell	U17	W	Giffnock North	3000
	237		18	Scarlett	Wilson	U17	W	Giffnock North	3000
	238		19	Georgia	Leddingham	U23	W	Costorphine	3000
	9	pace		nynke	mulholland				
3k - 7	239		1	Kirsty	Purcell	U23	W	Aberdeen/Edinburgh Uni Hare & Hounds	3000
	240		2	Zoe	Bates	SEN	W	Aberdeen/Aberdeen Uni	3000
	241		3	Aimee	Callow	U23	W	Cardiff/Edinburgh Uni	3000
	242		4	Maya	Millar	U20	W	Pitreavie	3000
	243		5	Merce	Sanchez Oller	U23	W	Edinburgh AC/Edinburgh Uni/Spain	3000
	244		6	Lesley	Bell	V45	W	Garscube/Cumbernauld	3000
	245		7	Kirstian	Macaulay	SEN	W	Corstorphine	3000
	246		8	Carter	Taylor	SEN	M	Fife	3000
	247		9	Jason	Kane	V35	M	Inverclyde	3000
	248		10	Chris	Upson	V55	M	Cambuslang/Scottish Vets H	3000
	249		11	Archie	Watters	U17	M	Springburn	3000
	1	pace		robert	sparks				

3k - 8	250		1	Katie	Christie	U20	W	Falkirk	3000
	251		2	Lillie	Giggle	SEN	W	Orkney	3000
	252		3	Jessica	Inglis	U17	W	Law	3000
	253		4	Caitlyn	Christie	U20	W	Falkirk	3000
	254		5	Holly	Morrison	SEN	W	Shettleston/Aberdeen Uni	3000
	255		6	Carolyn	Cameron	SEN	W	Glasgow Jaguars/Edinburgh Uni/Edinburgh AC	3000
	256		7	Emma	McLennan	U20	W	Giffnock North	3000
	257		8	Grace	Tindall	U20	W	Central/Edinburgh Uni	3000
	258		9	Ruth	Walsh	U17	W	Giffnock North	3000
	259		10	Catriona	Kane	U20	W	Central	3000
	260		11	Sophie	Chisholm	SEN	W	Glasgow University Hares & Hounds	3000
	261		12	Neil	MacLachlan	V35	M	Pitreavie	3000
	262		13	Alicia	Paton	SEN	W	Glasgow Jaguars/Glasgow Uni/Cumbernauld	3000
	263		14	Sean	Casey	V55	M	Cumbernauld	3000
	264		15	Tuscany	Wright	U20	W	Giffnock North	3000
	265		16	Iona	Stroma Hubbard	U17	W	Giffnock North	3000
	10	pace		david	tamburini				